The Social Work Services Division

The Israelites crossed the Red Sea

But He led them about by the way of the desert, which is by the Red Sea: and the children of Israel went up armed out of the land of Egypt (Ex 13:18).

When the people of Israel were being persecuted in Egypt, the Lord called Moses to lead them away and proceed to the promised land. On the way through the Red Sea, God sent a strong wind to split the water. The water receded and the sea became dry land, so that the Israelites could walk through safely. Afterwards, the Israelites lived in the wilderness for 40 years before they were able to enter the promised land.

Relying on limited or even insufficient resources, Caritas helps its service users out of their predicaments, leading them to the promised land. Caritas brings them to a better situation, so that they can be relieved from the pain of displacement and entered into a better and more abundant life.

2.1 GENERAL REMARKS

Objectives

Stressing the principles of enabling the development of individual potential, promoting human dignity, respect and self-determination, the Social Work Services Division ("the Division") provides its services through an ongoing process of awareness, participation and sharing. The services strive to bring about positive changes and development in personal behaviour, individual attitude, physical environment and social structures. The Division aims to promote a caring community grounded on truth, love, justice and freedom.

Highlights of the Year

Caritas "Hope" – Navigation Scheme for Young Persons in Care Services

This new project, a joint venture of the Division and Caritas Institute of Community Education ("CICE"), was set up to provide an opportunity for young persons aged 18 to 25 to work as care workers in the elderly and rehabilitation services and at the same time to study a part-time diploma course. A total of 108 trainees were enrolled in the Scheme



· Navigation Scheme's trainees in the Mutual Appreciation Ceremony

Service Units and Staff Complement

The Division now operates 130 subvented service units and 28 non-subvented service units with a staff force of 3,212, of which only core full-time staff is included, and among them, 55 are persons with disabilities.

Fieldwork Placements, Mentorship Scheme and Attachment Programme

During the year, the Division provided fieldwork placement for 147 social work students from 7 local training institutes. A joint venture with Caritas Institute of Higher Education on fieldwork placement and mentorship scheme was offered to 94 and 233 of its students respectively.

Thirty-three students from Higher Diploma in Health Care, Nutrition and Physical Fitness of CICE completed their practicum at the Division's units.

Besides, an attachment programme for social work students from the Mainland had been launched for 11 consecutive years. This year, 12 students were attached at various service units during their summer holidays.

Awards Achieved

The Division was awarded the 9th runner-up in the Highest Number of Service Hours (Public Sector) 2015 at the Hong Kong Volunteer Award Presentation Ceremony organized by the Social Welfare Department ("SWD") on 3 December 2016. There were 13,370 registered volunteers in the year of 2015, who achieved a total of 507,922 service hours



The Division received the "Silver Class of FoodEver Award" in January 2017. Social Work Services were committed to formulate Food Management Policy to reduce food waste and to disseminate FoodEver messages.

Staff Development and Training

Training Programmes

With the support of Social Welfare Development Fund, 120 training programmes were organized with a total attendance of 2,767. There were 5 overseas study visits and 11 leadership and management skills development programmes for mid-level staff. Besides, sponsorship was granted to three staff members to attend fieldwork placement.

Staff Formation

The Employee Emotional Support Project was continued. A total of 390 calls were received by the hotline and 44 face-to-face counselling sessions were rendered to provide emotional support for staff. Three stress reduction groups were formed for 39 participants. Twenty-five workshops were organized for 523 staff members to promote self-understanding, positive thinking and team spirit.

Vote of Thanks

The Division expresses its heartfelt thanks to the Catholic Diocese of Hong Kong for its Lenten Fund, and to donors who provided financial assistance to serve 19,220 needy people, in particular, the unemployed and under-employed families. Besides, grants were received from charitable trusts and foundations, government bureaux and departments, as well as corporations to subsidize Caritas service units to launch pioneering projects, to upgrade the facilities and to serve more underprivileged people in a better way.

To recognize the contribution of corporates and community organizations, 75 strategic partners were nominated to receive the logos of "Caring Company" and "Caring Organization" awarded by The Hong Kong Council of Social Service.

2.2 CHILD CARE SERVICE

Objectives

With an aim at cultivating the full development of children without discrimination as to their abilities and social background, the Child Care Service ("the Service") provides educational and caring service for children aged 2 to 6 including families with single parent, working parents and mildly disabled children.



"Let's play together!"



· "On your mark, go!"

Highlights of the Year

Enhancement of Parent-child Relationship

With the Home-School Co-operation Grants supported by the Committee on Home-School Co-operation, Education Bureau ("EDB"), two joint-school projects "Learning through Play Parent-child Activities & Newspaper for Children" and "We love each other" were launched during the year. A series of parent-child activities was organized.



· Publication of a newspaper for young children



• "Which paper aeroplane will fly a longer distance?"



· Children and parents learned planting together

Advocacy of Learning through Play

To advocate the importance of play in children's learning, a series of play activities and community visits was organized and integrated in the daily curriculum. The learning motivation and the communication skills of the children were enhanced.



An environmental education outdoor lesson



• "What do you see in the little plant?"

Caritas Nursery School – Yau Tong participated in a school-based support programme "Play-Learn-Grow in Hong Kong Kindergartens" organized by EDB. With the professional support from the Centre for University & School Partnership, The Chinese University of Hong Kong, the play-based curriculum for fostering whole child development was implemented.



· "My chair with wheels moves faster!"



A play-based learning on "Wheels"



"This wheel is very heavy!"

Collaborative Programmes with Stationing School Social Service

With a grant from the Porticus Asia Limited, a two-year project "LOVE and CARE: STARTING FROM CHILDREN - A Comprehensive Social Work Service Programme for Nursery Schools" in collaboration with Caritas Family Service, was launched on 1 September 2016 at three Caritas Nursery Schools - Kennedy Town, Lions Club of Hong Kong (Pacific) and Zonta Club of Hong Kong. A series of parent workshops and children groups was organized.



Training for parent-child volunteers



A children group: "We are the Happy Little Kids!"

Staff Development and Training

Service Development Day for Teachers

The Service Development Day was held on 16 April 2016 with the theme "Mercifulness - Call for Action". A workshop on physical fitness was also conducted and the Service Development Plan for the year 2016/2017 was shared with all staff. To nurture the core values of Catholic education in response to the Jubilee Year of Mercy, three child cases were shared by the teachers which was an inspiration to the motto of the Agency "Love in the Service of Hope".



Workshop on physical fitness



Inspirational cases were shared by teachers

STEM Education Awareness Workshops

Three workshops on STEM (Science, Technology, Engineering and Mathematics) Education Awareness were conducted by the Associate Director of Caritas Education Services in June 2016 and July 2016. A total of 24 teaching staff participated.



Presentation of certificate to teachers attending the workshops

2.3 YOUTH AND COMMUNITY SERVICE

Objectives

The Youth and Community Service ("The Service") aims to promote integral human development of young people and communities through the process of understanding, concern, participation and co-responsibility. The development process encourages a sense of individual and communal responsibilities for the promotion of mutual care and social integration.

Highlights of the Year

Buildina Community Power in Naau Tau Kok

The two-year project, supported by the Community Investment and Inclusion Fund under the Labour and Welfare Bureau, was concluded in February 2017. It aimed at enhancing community participation, facilitating community information sharing and communication among new residents.



Use of experimental game as a means to illustrate the importance of building up mutual help network

Youth Social Innovation Award 2016

The competition was co-organized by Caritas Jockey Club Cyber Youth Outreaching Service -Infinity Teens, The Boys' and Girls' Clubs Association of Hong Kong and The Hong Kong Federation of Youth Groups. Eighteen teams from all walks of life participated in the project. Finally, six teams were awarded a total of \$95,000 startup fund.



 One of the winning teams of Youth Social Innovation Award 2016

Relaxing Programmes for Children with Special Educational Needs and Their Parents

Over 20 Caritas service units provided full-day programmes to children with special educational needs ("SEN") during long school holidays from December 2015 to December 2016, Around 280 SEN children and their parents joined the programme in each period of time. An open education programme was organized on 29 May 2016, with the presence of the donors, government officials, quests and artists.



Dance performance presented by SEN children

Project Hyacinth – Enrichment Service for Young Mothers

In celebration of the grand opening of the site, a house warming and service review event was held on 3 September 2016 involving the past, present, potential donors and also the young mothers. A total of 126 young mothers and their babies attended the event.



House warming and service review event in the new site

Multicultural Dream Pursuit Proiect

This is a three-year pilot project, funded by the Education Bureau. It aimed to provide a comprehensive life planning education and career guidance for the Non-Chinese speaking ("NCS") secondary school students, their teachers and parents. In the 2015/2016 school year, 711 NCS students from 31 secondary schools, their parents and teachers were served. To celebrate the achievement of outstanding students and recognize the support of the stakeholders, the Award Presentation Ceremony was held on 3 December 2016.



 One of the awardees of the Outstanding Mentorship Alliance Award - MTR Corporation Limited

Seminar on "Sustainable Community Development in Taiwan & Hong Kong"

With the support of Social Welfare Development Fund, the seminar was held from 21 June 2016 to 24 June 2016 by the Service. A total of 136 participants attended the seminar and the participants were inspired by the sharing from the speakers.



 Mr. Lu Szu Yueh delivered a speech on Sustainable Community Development

Awards Achieved

Supporting Employment of Persons with Disabilities

Caritas Computer Workshop had won the "Outstanding Mentor Award" and the "Friendly Employment Award" which were presented by the Labour and Welfare Bureau, for the significant effort in assisting employees with disabilities.



Representative of Caritas Computer Workshop was invited to share in the ceremony

Award Scheme in Promoting Women's Economic Empowerment

Caritas Green Baby Project was awarded the "Outstanding Project Award" at the Award Scheme in Promoting Women's Economic Empowerment organized by the Labour and Welfare Bureau and the Women's Commission, by allowing staff to bring their children to work. The project served 50 teenage mothers and delivered various vocational training and internship to them.



• The Green Baby Team participated in the Award Ceremony

Star Makina Project for Ethnic Minority Youth

The project was co-organized by Caritas Community Centre - Kowloon, Kowloon City District of Hong Kong Police Force and Kowloon Chamber of Commerce. It had won the "Outstanding Partnership Project Award" in the Caring Company Scheme Award. The project aimed at enhancing the social mobility of ethnic minority youth by improving their Chinese as second language.



The Star Making Project was awarded the "Outstanding Partnership Project Award"

2.4 Services for the Elderly

Objectives

The Services for the Elderly ("The Service") provides community care and support services for the elderly aged 60 or above. It aims to maintain their general well-being and quality of life as well as to uphold their self-esteem and ability to live actively in the community. These are achieved through a comprehensive range of services which are centre services, residential care services, and in-home care services.

Highlights of the Year

Early Detection and Intervention on Cognitive Impairment

A one year "Active Prevention and Early Detection of Cognitive Impairment Project", funded by the Simon K.Y. Lee Foundation Limited, was commenced at Caritas Cheng Shing Fung District Elderly Centre (Sham Shui Po) and Caritas District Elderly Centre - Yuen Long in May 2016. It aimed to provide educational and training programme to community dwelling elders with mild cognitive impairment and their carers, so as to delay further deterioration. Up till the end of March 2017, a total of 220 elders received the services.



Group cognitive training for elders with mild cognitive impairment



Playing board game for enhancing social interaction

Healthy Ageing Project for the Sandwich-class Older People

The project, in collaboration with the Department of Psychology of University of Hong Kong ("HKU"), was held from January 2016 to March 2017. Ten elderly centres, two district elderly centres and one day care centre provided assessment on cognitive functioning to those sandwich-class elderly who can afford to pay the assessment fee. Referral to receive training on brain health at HKU would be made. Up till the end of March 2017, a total of 172 elderly undertook cognitive assessment and 95 of them were referred to HKU for follow up training.

Service Quality Assurance for Residential Services

From April 2016 onwards, 6 residential homes joined the Quality Performance Management Scheme for Residential Care Homes for the Elderly initiated by the Social Welfare Department ("SWD"). Visitors from local organization and SWD paid surprise visits to the homes for performance monitoring. Up till the end of March 2017, surprise visits to the participating homes were conducted.

Four elderly homes, namely Caritas Fu Heng Home, Caritas Fung Wong Fung Ting Home, Caritas Li Ka Shing Care and Attention Home and Caritas Ying Shui Home successfully completed the Residential Aged Care Accreditation Scheme organized by the Hong Kong Association of Gerontology.

New Projects

Pilot Project on Child Care Training for Grandparents

With the funding from SWD, the project was jointly organized by Caritas Elderly Centres - Sha Tin and Tung Tau together with Caritas Institute of Community Education and Caritas Family Service from May 2016 to August 2016. The participants attended a total of 60 hours of training on grand-parenting free of charge. There were two classes and were attended by 40 grandparents.

JC JoyAge: Jockey Club Holistic Support Proiect for Elderly Mental Wellness

Caritas Cheng Shing Fung District Elderly Centre (Sham Shui Po) joined the captioned three-year project from 1 October 2016 to 30 September 2019. The project is collaborated with the Wellness Centre of New Life Psychiatric Rehabilitation Association at Sham Shui Po district. It aimed to promote elderly mental wellness and prevention of elderly depression, according to the service protocol designed and monitored by the Department of Social Work and Social Administration of HKU



Training for peer supporters of JC JoyAge



Outreaching work to enhance community awareness on mental wellness of elderly

Community Care Fund Dementia Community Support Scheme

Caritas District Elderly Centre - Yuen Long joined the captioned two-year pilot project from February 2017 to January 2019. The project is a joint initiative between the Hospital Authority and SWD which aimed to enhance support for elders with mild to moderate dementia via a medical-social collaboration model.

Jockev Club Community eHealth Care Proiect

A total of 13 units (10 elderly centres, 2 district elderly centres and 1 sub-base district elderly centre) joined the captioned three-year project from 1 November 2016 to 31 October 2019. Each unit had to recruit 100 elders, of which 50 elders would undertake regular blood pressure, blood glucose, body temperature and body weight measurements at the unit during the project period, the remaining 50 elders would serve as control group. Nurses from the Senior Citizen Home Safety Association would monitor the health data and provide tele-care and consultation to elders in need. All the participants had to join the well-being survey by the CUHK Jockey Club Institute of Ageing to identify their health and social needs for further follow up action.



Group exercise to promote health

2.5 REHABILITATION SERVICE

Objectives

The objectives of the Rehabilitation Service ("the Service") are to provide comprehensive and effective rehabilitation training programmes, residential care and community support services for people with disabilities and their families to develop their potentials and capabilities, and to enhance their personal growth for more self-reliance and for fuller participation in community life.

Highlights of the Year / **Achievements**

Proiect 3Hs

The official Award Ceremony cum Workshops of the Project 3Hs - Happy Healthy Hub for Carers of Persons with Intellectual Disabilities ("PWIDs") was held on 30 April 2016. A total of 650 participants joined the event and 178 service users / carers received the certificates to appreciate their participation and support in promoting the well being of older PWIDs in the community.



· Awardees and all officiating guests of the Ceremony



Baduaniin demonstration by trainers and carers

Promoting Employment of Persons with Disabilities

Six service units were granted the "Friendly Employment Award" and the "Outstanding Award" under the "Talent-Wise **Employment Charter and Inclusive Organisations** Recognition Scheme" of the Labour and Welfare Bureau. The units and staff members were recognized for their effort to promote the work ability of disabled employees, to assist them to cope with the difficulties at work and to integrate them into the work teams.



Six service units received the award

The three-year project "Let Dream Come True -Project Supporting Employees with Intellectual Disability in the Community", funded by the Queen Flizabeth Foundation for the Handicapped, provided three-tier support for people with intellectual disability to acquire and sustain their jobs in the open job market. Employers and working peers of employees with disabilities were trained to accept diversity of abilities in the work place. Through public education activities and promotion on social media, over 45,000 people got insight and new experience in an inclusive workplace.





Closing ceremony of "Let Dream Come True -Project Supporting Employees with Intellectual Disability in the Community" Project

New Services / New Projects

Modernization of Workshop and Hostel cum PWIDs Pilot Project

In response to the special needs of the aging service users, the Hong Kong Jockey Club Charities Trust had granted \$35.4 million to support the modernization works of Caritas Lok Kin Workshop and Caritas Lok Wo Hostel as well as to launch a three-year pilot project to render special support services for PWIDs in the community and their carers. Preparation for the renovation works and the pilot project were started in December 2016 and January 2017 respectively.



Whole and Inclusive School **Empowerment Project**

The Project, funded by the Simon K.Y. Lee Foundation Limited, was carried out to enhance the capacity of pre-school teachers and parents in addressing student diversity in mainstream pre-school education. Through collaboration with the universities in service evaluation, an effective model with empirical evidence would be developed to support pre-school children with special needs in kindergarten and nursery schools settings.



Training programme to enhance students' ability of word recognition



· Teacher workshop on classroom management and curriculum adaption

Caritas 3H Hub for Older PWIDs

Caritas 3H Hub was a self-financed pilot project commenced in October 2016. It is operated in a club house model to provide support services for PWIDs with advanced age and their carers. Community partners had been involved in different activities to arouse public concern to help PWIDs achieve quality and healthy lifestyle during the course of aging.



Environment of Caritas 3H Hub



Educational talk on wellness

The Little Angel Project

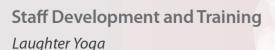
This was a three-year time limited project funded by the Community Chest of Hong Kong targeted at children of parents with a mental illness ("COPMI") who are aged between 5 and 18, their parents who are person-in-recovery and other community stakeholders. Through various arts activities and community education programmes, the Project tried to promote the holistic personal growth of these children. It also enhanced the mutual understanding and appreciation of the children with their parents and different community stakeholders in a labelling-free environment.



 The COPMI shared her story with her mentor in a funny mask making workshop



 A painting workshop to facilitate mutual sharing and appreciation among family members



Laughter Yoga is an identified labelling-free and effective approach to promote mental health. The founder of Laughter Yoga fully supported the Service to localize Laughter Yoga by launching the first local evidence-based research study. During November 2016 to December 2016, 18 professional staff of the Service were trained and certified as Laughter Yoga teachers.



· Laugh for happiness and healthiness



• Laugther Yoga re-connects the parents with children in a funny way

Rehabilitation International World Congress cum Study Visit

With the support of Social Welfare Development Fund, six staff members had attended the Rehabilitation International World Congress cum Study Visit at Edinburgh, Scotland from 25 October 2016 to 28 October 2016. The study tour provided an opportunity for the participants to enhance their horizon on rehabilitation service practices.

Visit to Implementing Recovery through Organizational Change (ImROC) and Nottinghamshire Service Providers

To strengthen the professional capacity of mental health practitioners, five social workers and two peer support workers joined a visit to United Kingdom from 16 March 2017 to 26 March 2017. Staff members were encouraged to drive for recovery-focused organizational change in mental health service practices.

2.6 FAMILY SERVICE

Objectives

The service objectives are to preserve and strengthen the family unit, by empowering individuals and their families as a whole, through different levels of professional intervention, and to improve the quality of family life.

Highlights of the Year / Achievement

Sharing of Life Stories

In celebration of the 15th Anniversary of Family Crisis Support Centre, seminar on "Sharing of Life Stories" was launched. The event witnessed the process of transforming people's psychological wounds into growth from all walks of life. It kicked off the services on "Trauma Work" in Family Service.



More than 200 audiences attended the seminar and touched by the stories shared by the guests

FLY Project II

Seven Integrated Family Service Centres ("IFSCs") were supported by Simon K.Y. Lee Foundation Limited to implement an evidence-based FLY Project II. It pioneered the launching of service in an intensive format with active participation of parent-child dyads of low income families.



FLY Project II provided effective early childhood education and parenting education

Reaching the Unreachables and Breaking Codependency - Support Platform for Family Members of Substance Abusers

The Project, supported by the Beat Drugs Fund Association, aimed at early identification and treatment of hidden family members of substance abusers with codependency. Casework, therapeutic group work, medical support and other services were provided for developing functional family relationship.



A book and DVD to share family members' stories in treating codependency

Making Collective and Stronger Resistance Against Sexual Violence

The Caritas Community Support Project on Inviting Men Against Sexual Offence co-organized with Dr. Angela Tsun On Kee to launch the captioned project. A micro-film "Unheard Voice" was produced.



 Volunteers and users organized a sexual abuse preventive programme to collect resisting strategies from university students

Towards More Professional Practice in Counseling

Caritas Family Service ("CFS") is the first agency in Hong Kong to receive the official certification in the use of Integrative Family and Systems Treatment ("I-FAST"). The certification process started from 2012 with around 200 case workers and supervisors attended ongoing I-FAST training and supervision in the following years. Up to March 2017, 11 supervisors and senior workers were qualified as I-FAST supervisors.



· CFS is the first agency in Hong Kong to receive the official certification in the use of I-FAST

New Projects

Caritas Jockey Club "Life Coaching" Community Support Network - Suicide Prevention Service for Children and Youth

With the support from the Hong Kong Jockey Club Charities Trust, CFS has started the captioned two-year project to build up a caring community to help children and adolescents to overcome adjustment difficulties and grow to be positive and resilient young adults. The project has adopted the concept of "gatekeeper" with three-tier model of intervention in partnership with schools and IFSCs.



Guardian Angel Training for Teachers: Clinical psychologist was invited to share knowledge and skills of being a gatekeeper

Gains of Soul: Community Support Programme on Psychological Wounds

This was a three-year project supported by The Community Chest of Hong Kong. It aimed at enhancing the community resilience by facilitating the awareness and knowledge on psychological wounds through community education and support to the clients who were having traumatic experience. The project also provided trauma education to the professionals.

 Participant's artwork from the workshop "Suffering, Meaning and I"

Love & Care: Starting From Children

This is a two-year joint project of CFS and Caritas Pre-school Education and Child Care Service providing a comprehensive social work service programme for nursery schools. The project was funded by Porticus Asia Limited. Three Caritas nursery schools were selected to have the social worker stationing service. It aimed to provide preventive, developmental and remedial service for children, parents and teachers. Evidence-based research was built in by the educational psychologist.



Children's group on executive function

New Publications



Sharing the Sweet and Sour of Marriage" – A comic book written by experienced marriage counsellors of Family Service to share the core values of marriage which were conducive to a happy and ever-growing marital life



• "Investment? Gambling? - The Gambling Journey of 10 Stock Market Investors" helps the readers to obtain reflection through the evolution of investment into problem gambling



"Application of Narrative Approach in Exploring New Strategies In Resisting Sexual Abuse" introduces a collective approach in resisting sexual abuse and was published by the Caritas Community Support Project on Inviting Men Against Sexual Offence

2.7 COMMUNITY DEVELOPMENT SERVICE

Objectives

The Community Development Service aims at the formation of genuine human communities through a constant process of awareness, participation and sharing.

Highlights of the Year

Making Traditional Dumplings by Hakka Grandma

In collaboration with the social innovative organization, Make A Difference, an experiential workshop of making traditional dumplings was organized on 3 December 2016. Both the trainers and trainees enjoyed the process very much.





Teaching participants how to make traditional dumplings

Community Establishment Project in Pokfulam Village

Under the supervision of the Graffiti artists, over 40 signage boards and wall paintings were made in graffiti style to decorate the village. Villagers were excited to see the graffiti paintings.



Group photo with the participants, villagers and graffiti artists

"1+1 Rice Farming" Project

The project was organized by Caritas Lung Yeuk Tau Community Development Project. Through the rice growing activities, it linked up three generations of the community. By sharing the history of walled village and Hakka songs with the youngsters, the villagers also recorded their songs in a CD album for public promotion.



• Elders shared the traditional songs with the younger generations



• "1+1 Rice Farming" Workshop

Building Up the Identity of Fishermen

With the use of different arts presentation, Caritas Sai Kung Community Development Project brought the submerged history of Kwun Mun Fishermen Village and Man Yee Fishermen Village into the community. The history was exhibited in the Hong Kong Heritage Museum.



Visitors were listening to the stories of Sai Kung fishermen

Production of Garbage Enzyme

Caritas Cheung Chau Sai Wan Community Development Project promoted the production of garbage enzyme in replacing factory made cleaning materials. Residents emphasized on sharing and participation in the promotion of environmental protection.



 Cheung Chau residents were promoting the garbage enzyme in the community

Building Up an Aged-friendly Community

In order to enhance a better living environment, Caritas - Hon Man / Sham Tseng / Tsing Lung Tau Community Development Project explored the possibilities of building up an elderly-friendly community and increasing advocacy efforts in social policy.



 Sham Tseng elders advocated for elderly-friendly facilities in the community

Study on Two Genders Sharing of Mind with Their Mates

A study focused on share of mind between men and women was conducted from October 2016 to November 2016. The results of the research revealed that over 80% of respondents were willing to share their mind with their mates. Men tend to share job, finance, health, future plan and worries while women tend to share child-rearing, health, future plan and worries.



Press conference regarding two genders share of mind with their mates

New Project

Empowering the Capacity of Grassroots Labour on Reducing the Body Strain Problem

The three-year project, funded by The Community Chest of Hong Kong, aimed at sensitizing the labours to their repetitive strain injury symptoms and networking them with formal and informal professional recovery services.



Participants practiced stretching exercises

2.8 OTHER SOCIAL WORK SERVICE

Caritas Hostel - Hunghom

The Hostel provides temporary accommodation for male aged 18 or above who are in desperate housing needs or in crisis such as street sleepers. ex-drug addicts and those with marital problem to tide-over the critical period before they could secure a stable and long-term living. The capacity of the Hostel is 46. During the year, 109 men were benefited and the occupancy rate was 84%. Information on community resources was given to the residents. Mutual help and supportive group, leisure and educational programmes were also organized for the residents.

Caritas Jockey Club Hostel -Choi Wan

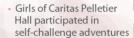
The Hostel provides short-term accommodation. food assistance, educational and recreational programmes for needy female individuals and families in crisis who have immediate housing needs. The serving capacity is 36. During the year, the occupancy rate was 89%. Fifty-four women, including eight unwed-mothers, seven single mothers and eight children were served. Educational, recreational and volunteer programmes were organized for the users to develop their potentials and problem solving ability.

Caritas Pui Tak Centre

The Centre provides 24 hours residential care service for girls aged 16 to 21 with behavioural, emotional and family problems. Self-care training, educational, developmental and recreational programmes as well as volunteer service were organized with 411 attendance. psychology service was also provided to girls with special needs. The serving capacity is 28. The occupancy rate of the year was 89% and 41 girls were served.



Girls of Caritas Pui Tak Centre shared their feelings and gave support to each other through the intervention with "value clarification card"





Will power training for girls of Caritas Pelletier Hall

Caritas Pelletier Hall

The Hall provides residential care service for adolescent girls aged 13 to 18 who have behavioural and / or emotional problems, and who may be under the influence of undesirable peers and thus require a period of group-living experience away from their families. Service capacity of the Hall is 110 residential placements divided into 5 living groups. During the year, a total of 107 girls received the service and the average placement occupancy rate was 61%.

of the developmental main theme programmes in 2016/2017 was "Fitness, Will Power and Vitality". Developmental groups, will power and leadership training, interest groups and outdoor activities were provided for residents to develop potentials and achieve self-enhancement.