

A large, stylized graphic in the background of the top half of the page. It features two hands, one on the left and one on the right, rendered in a series of parallel, wavy lines. The hands are positioned as if they are gently holding a large, solid purple heart in the center. The overall style is modern and artistic, with a color palette of purple, blue, and white.

2

Social Work Services Division

“In the face of so many wounds that hurt us and could lead to a hardness of heart, we are called to dive into the sea of prayer, which is the sea of the boundless love of God, in order to experience his tenderness.” – Pope Francis

We believe that provision of services does not solely relied on human efforts, but it is also achieved through the prayers of everyone. Let us provide services that enable service users to immerse themselves in the ocean of infinite love, thus demonstrating the great love of God.

The Caritas Social Work Services Division, since its establishment, continuously expands its services, first from family services to child care services, and then from child care services to youth and community, elderly and rehabilitation services. Caritas has been expanding its aspiration and extending the love of Christ regardless of race, color, religion, region, etc. Caritas treats everyone equally and fairly, accepts everyone and seeks a common ground while reserving differences, with the ultimate goal of benefiting more people.



2.1 GENERAL REMARKS

Objectives

Stressing the principles of enabling the development of individual potential, promoting human dignity, respect and self-determination, the Social Work Services Division ("the Division") provides its services through an ongoing process of awareness, participation and sharing. The services strive to bring about positive changes and development in personal behaviour, individual attitude, physical environment and social structures. The Division aims to promote a caring community grounded on truth, love, justice and freedom.

Highlights of the Year

Redevelopment of Caritas Tsuen Wan Social Centre



• The new Caritas Tsuen Wan Social Centre

Caritas Tsuen Wan Social Centre, situated at 9 Shing Mun Road, Tsuen Wan, had been providing multi-service for the deprived for more than 50 years since 1962. Owing to rapid social change and aging of the population, the Centre was redeveloped into a 10-storey building with modernized facilities to provide total quality service. The redevelopment was completed in September 2017 and five service units were set up in the new building: District Support Centre for Persons with Disabilities, Day Care Centre for the Elderly, Care and Attention Home, Community Centre and Family Development Centre. The services commenced in full strength in December 2017.

Caritas "Hope" – Navigation Scheme for Young Persons in Care Services

This project, a joint venture of the Division and Caritas Institute of Community Education ("CICE"), was set up to provide an opportunity for young persons aged 18 to 25 to work as care workers in

the elderly and rehabilitation services and at the same time to study a part-time diploma course. A total of 138 trainees had enrolled in the Scheme for the year of 2017/2018.



• Navigation Scheme's trainees in the Mutual Appreciation Ceremony

Awards Achieved

The Division was awarded the 8th runner-up in the Highest Service Hour Award 2016 (Public Organizations) at the Hong Kong Volunteer Award Presentation Ceremony organized by the Social Welfare Department ("SWD") on 9 December 2017. There were 13,578 registered volunteers in the year of 2016, who achieved a total of 486,623 service hours.



• Highest Service Hour Award 2016 (Public Organizations) - 8th runner-up

Service Units and Staff Complement

The Division now operates 132 subvented service units and 29 non-subvented service units with a staff force of 3,370, of which only core full-time staff is included, and among them, 56 are persons with disabilities.

Fieldwork Placements, Mentorship Scheme and Attachment Programme

During the year, the Division provided fieldwork placement for 101 social work students from 6 local training institutes. A joint venture with Caritas Institute of Higher Education ("CIHE") on fieldwork placement and mentorship scheme was offered to 154 and 230 of its students respectively.

Twenty-five students from Higher Diploma in Health Care, Nutrition and Physical Fitness of CICE completed their practicum at the Division's units. Placements for other professional trainees such as Educational Psychology were also provided.

Besides, an exposure programme for social work students from the Mainland had been launched for 12 consecutive years. This year, six students were attached at various service units during their summer holidays.

New Service / New Project

Caritas Jockey Club Resource and Support Centre for Carers

The Centre was set up on 1 March 2018 at Level 9 of the new campus of CIHE in Tseung Kwan O. It was a joint venture with CIHE to provide comprehensive support services to the carers to cope with their needs arising from their caring duties as well as to develop positive coping strategies and build up harmony relations with the family members of the carers. Students from different learning programmes of CIHE would be mobilized to participate in service learning projects organized by the Centre.



• *Introduction of the Centre's service to visitors*

Staff Development and Training

Training Programmes

With the support of Social Welfare Development Fund, 359 training programmes were organized with a total attendance of over 3,000. There were 15 overseas study visits and 13 leadership and management skills development programmes for mid-level staff. Besides, sponsorship was granted to one staff member to attend fieldwork placement.

Staff Formation

The Employee Emotional Support Project was continued. A total of 343 calls were received by the hotline and 49 face-to-face counselling sessions were rendered to provide emotional support for staff. Thirty-five workshops were organized for 573 staff members to promote self-understanding, positive thinking and team spirit.

Vote of Thanks

The Division expresses its heartfelt thanks to the Catholic Diocese of Hong Kong for its Lenten Fund, and to donors who provided financial assistance to serve 14,939 needy people, in particular, the unemployed and under-employed families. Besides, grants were received from charitable trusts and foundations, government bureaux and departments, as well as corporations to subsidize Caritas service units to launch pioneering projects, to upgrade the facilities and to serve more underprivileged people in a better way.

To recognize the contribution of corporates and community organizations, 69 strategic partners were nominated to receive the logos of "Caring Company" or "Caring Organization" awarded by The Hong Kong Council of Social Service ("HKCSS").

2.2 CHILD CARE SERVICE

Objectives

With an aim at cultivating the full development of children without discrimination as to their abilities and social background, the Child Care Service ("the Service") provides educational and caring service for children aged 2 to 6 including families with single parent, working parents and mildly disabled children.



- Children built up closed friendship and played happily
"Row, row, row a boat, la la la la..."



- "Let's sing a Christmas Carol at the Church!"



- Children enjoyed participating in a Carnival and disseminating the message of "Love"



- Children learned the importance of dental health from the dentist

Highlights of the Year

Joining the Free Quality Kindergarten Education Scheme

Nine Caritas Nursery Schools joined the Free Quality Kindergarten Education Scheme introduced by Education Bureau ("EDB") in September 2017.

Supporting Children and Families through Stationing School Social Work Service

The Stationing School Social Work Service has been extended to all Caritas Nursery Schools since 1 September 2017 with the aims to providing early identification and appropriate intervention in supporting children in need and families at risk. During the year, children groups for enhancing executive function and parent-child programmes for promoting parent-child intimacy through play as well as fostering the positive emotion for children were launched.



- Children groups for enhancing executive function



- Parent talk on "Understanding Children's Emotion Development and Positive Parenting"



- Publication of newsletter

Nurturing Children's Holistic Development through Free Play

To pursue the quality of early childhood education and care and to advocate the importance of free play for children's holistic development and growth, a variety of self-initiated play activities was arranged to the children. Their learning motivation, problem-solving skills and communication skills were enhanced.



- "It's so strange! Your voice has been changed."



- "Where is the wind?"



- A football game with pine nuts



- Children used blocks to design 'high-rising building' of Hong Kong

Strengthening Parents' Better Understanding of Children and Enhancing Positive Parenting

With the Home-School Co-operation Grants supported by the Committee on Home-School Co-operation of EDB, both school-based parenting programmes and joint-school project "Children Love the World - Art is Fun" were launched during the year. A series of parent-child activities was organized.



- "I like Daddy playing puppet and telling story with me!"



- Mother and child made a musical instrument together

Staff Development and Training

Service Development Day for Teachers

The Service Development Day was held on 13 May 2017 with the theme "Innovation & Transformation – The New Era of Quality Early Childhood Education". The service development plan and the impacts of the new initiatives of the Free Quality Kindergarten Education Scheme with the focus on the revised version of the Curriculum Guidelines and Performance Indicators (Pre-primary Institutions) were shared.

To pursue the quality of teaching in alignment with the school development, a workshop on "SMART" strategy was also conducted for teachers for setting their objectives in the annual individual development plan.



- Teachers used a tree and its leaves to represent the school grows together with the children

New Teacher Induction Programme

A two-day Induction Programme was organized on 23 September 2017 and 14 October 2017 with 41 teachers participated. Eight domains including the pedagogy of Caritas early childhood education and care, Integrated Curriculum and Play, Whole Language Learning Approach, English for Young Children, Early Mathematics, Nature and Science, Religious Education and Working with Parents were introduced.



- Demonstration of setting up a stimulated play environment for children

2.3 YOUTH AND COMMUNITY SERVICE

Objectives

The Youth and Community Service ("The Service") aims to promote integral human development in young people and communities through the process of understanding, mutual concern, collective participation and co-responsibility. The development process instills a sense of individual and communal responsibilities in the younger generation, and in turn mutual care and social integration can be promoted.

Highlights of the Year

Project Hyacinth - Enrichment Service for Young Mothers

The Couple Group - Our Love Stories was launched to increase the capacity of families in ensuring the well-being of their babies; and to facilitate the positive relationships among family members. Four group sessions were held for 10 participants in September 2017. Latte art-coffee making activities were arranged for the couples so as to provide them with a more relaxed environment to share their views on marriage.



- *Cafe corner for the Couple Group - Our Love Stories*

Supportive Services for SEN (Special Educational Needs) Children

The Service received grants from the Stanley Residents Association Limited and the Chanoh Foundation Limited to support 57 deprived SEN children, for them to be assessed by occupational therapists, and to receive a three-month treatment which included parents' workshop, centre-based and home-based trainings assisted by social workers. Each SEN child would have received an accommodation report afterwards, which could be shared with their schools as reference, so that better support could be provided to them.



- *Parent workshops of "Occupational Therapy Subsidize Scheme for Deprived SEN Children"*

Multicultural Dream Pursuit Project & Booster Services for the 2015/2016 Cohort

This three-year pilot project, supported by the Education Bureau, was concluded in January 2018. More than 1,800 non-Chinese speaking ("NCS") students, their teachers and parents from 41 secondary schools were served. For the booster services, there were more than 300 NCS students and their teachers from 31 secondary schools joining the student training day camp and teacher training workshop respectively. Training sessions, career visits and job shadowing sessions were provided for NCS students to enhance their competencies in career planning and in further studies.



- *Training workshop for teachers on understanding career planning of NCS students*



- *Sharing by NCS alumni to teachers of NCS students*

Love in the Path of Hope II

This three-year project, with the support from the Child Development Fund of the Labour and Welfare Bureau ("L&WB"), aimed at promoting the long-term development of underprivileged children / youth aged from 10 to 16 years old. The project provided programmes such as personal development plan, mentor programme and targeted saving. The project had recruited more than 70 volunteers as personal mentors for 102 children. One Korean Exchange Trip was organized for 50 youths in July 2017 and had visited different youth industries in Korea.



- *Love in the Path of Hope II - Child Development Project*

New Publication

Express, Create, Heal: Emotion Transformation Journey

A case story book which recorded six stories together with clients' artworks, aspirations, and workers' reflections was published to depict the expressive art process of individual client. The book was also uploaded to the website so as to enhance the community's understanding on adolescents' emotional needs.



Awards Achieved

HSBC Hong Kong Community Partnership Programme – Special Awards

The project "Super Power Kids" launched by Caritas Jockey Club Integrated Service for Young People – Wong Tai Sin won the "Outstanding Community Project Award" and the "Outstanding District Efforts Award" in the 2017 HSBC Hong Kong Community Partnership Programme – Special Awards. Community-based services were provided for different target groups such as SEN children, ethnic minorities and families living in sub-divided units, so as to assist them to develop their potentials.



- *Mentorship Scheme - Day camp*



- *HSBC Hong Kong Community Partnership Programme – Special Awards*

2017 Best Practice Awards in Social Welfare

The project “Gato House” received the “Top Ten Best Practice Award” under the “Best Practice Awards in Social Welfare” organized by HKCSS. This project aims at improving the mental health and life skills of the drug abusers and rehabilitees through animal assisted activities such as drug counselling (e.g. individual based and group counselling, life and death education) and vocational training cum work placement. Outreaching services were also provided.



• Top Ten Best Practice Award

2.4 SERVICES FOR THE ELDERLY

Objectives

The Services for the Elderly ("The Service") provides community care and support services for the elderly aged 60 or above. It aims to maintain their general well-being and quality of life as well as to uphold their self-esteem and ability to live actively in the community. These are achieved through a comprehensive range of services which are centre services, residential care services, and in-home care services.

Highlights of the Year

Residential Aged Care Accreditation Scheme

Caritas Fung Wong Fung Ting Home and Caritas Ying Shui Home underwent the captioned accreditation scheme organized by the Hong Kong Association of Gerontology as quality assurance on their caring service.

5S Accreditation

Caritas Elderly Centres – Tin Yuet and Kwun Tong, Caritas Integrated Home Care Service – Tsz Wan Shan and Caritas Day Care Centre – Tsuen Wan successfully completed the 5S accreditation.

New Service / New Project

Caritas Jockey Club Everbright Home cum Look Chan Suk Wing Day Care Centre for the Elderly

The Home commenced operation on 11 December 2017 with 12 residents transferred from Caritas Lung Tin Home. Caritas Lung Tin Home ceased operation with effect from 12 December 2017. Totally 107 residents and 45 members were admitted to the Home and the Day Care Centre respectively as at end of March 2018.



• Residents participating in group activities organized by the Home

Pilot Scheme on Home Care and Support for Elderly Persons with Mild Impairment

All Caritas Integrated Home Care Service teams joined the captioned pilot scheme rolled out by the Community Care Fund on 28 December 2017. The scheme aimed to provide meal and household services to 306 elders who were waitlisted for home care services as at 30 September 2017, and assessed to be suffered from mild grade impairment. Thirteen eligible elders were served as at 31 March 2018.

Awards Achieved

Healthcare Spirit Awards 2017

Six awards were received from the Healthcare Spirit Awards 2017 organized by the South China Morning Post to acknowledge the provision of quality health care service to the needy elders.

Staff / Unit	Award Category	Award
1 registered nurse	Spirit in Nursing	Certificate of Recognition
1 registered nurse and 1 enrolled nurse	Spirit in Long-Serving Nursing	Certificate of Recognition
3 care workers	Spirit in Care Work	Certificate of Recognition
Caritas Harold H.W. Lee Care and Attention Home	Spirit in Nursing / Care Work (Team Award)	Certificate of Recognition
Caritas Harold H.W. Lee Care and Attention Home	Inspiring Stories	Certificate of Excellence
Caritas Jockey Club Integrated Day Services Centre for the Elderly		Certificate of Recognition



• The winners of Healthcare Spirit Awards 2017

Talent-Wise Employment Charter and Inclusive Organisations Recognition Scheme

Caritas Jockey Club Integrated Day Services Centre for the Elderly was awarded the Friendly Employment

Award and Outstanding Inclusive Team Award under the captioned Scheme organized by the L&WB, to recognize the unit's contribution in providing an integrated work team for staff with disability.

SWD Best Opportunities for Elderly Project

The followings are the award-winning projects.

Unit	Project	Award
Caritas Harold H.W. Lee Care and Attention Home	左鄰右里顯關愛， 生存有價樂頤年	1) First Runner-up of Hong Kong Best Project 2) District Best Project – Sha Tin
Caritas Cheng Shing Fung District Elderly Centre (Sham Shui Po)	引發耆想	District Best Project – Sham Shui Po
Caritas District Elderly Centre – Yuen Long (Tin Chak Centre)	友盤SHARE — 鄰里守望計劃	District Best Project – Yuen Long
Caritas Elderly Centre – Ngau Tau Kok	耆青愛樂區	Best Residential Service



- Residents of Caritas Harold H.W. Lee Care and Attention Home gave out dried mandarin peel to the children through an outreach programme



- Singleton elder shared her life story through a drawing with a youngster during the visitation programme organized by Caritas Cheng Shing Fung District Elderly Centre (Sham Shui Po)

2.5 REHABILITATION SERVICE

Objectives

The objectives of the Rehabilitation Service (“the Service”) are to provide comprehensive and effective rehabilitation training programmes, residential care and community support services for people with disabilities and their families to develop their potentials and capabilities, and to enhance their personal growth for more self-reliance and for fuller participation in community life.

Highlights of the Year / Achievements

40th Anniversary of Caritas Rehabilitation Service

To commemorate the 40th Anniversary of Caritas Rehabilitation Service, a series of signature events was held throughout 2017 to express the aspiration of "love" and "care" for persons with disabilities and their families. A banquet with over 700 participants was held on 16 September 2017 to celebrate the achievements and to express the Service's gratitude towards the unfailing support of different stakeholders. The event demonstrated a concerted effort of staff, volunteers, strategic partners and families to create an inclusive community for persons with disabilities.



• Thanks for the support of Caritas senior management and government official



• Staff expressed the aspiration



• Dance performance "Walking with You" led by distinguished artist Mr Andy Wong



• A grand scene in touch with the hearts of each other

New Services / New Projects

"Hope in Love" - Professional Support Project for Families with Autistic Spectrum Disorders Children

This three-year project was funded by the Community Chest of Hong Kong to support parents with autistic spectrum disorders children who are not being identified in the community and are deprived of existing service. Tailor-made service programmes with therapeutic approach were provided for parents to reduce their parental stress and emotional problems so as to enhance their caring competence and the functioning of the whole family.



• Mentorship training programme



• Public education programme

Reprovisioning of District Support Centre

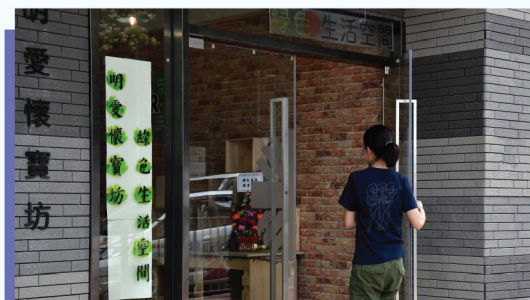
Caritas Joyous Link District Support Centre commenced services for persons with disabilities at the new base at Caritas Tsuen Wan Social Centre in November 2017. The old base at Tsing Yi is served as sub-base to cater for members residing at Tsing Yi. Members living in Tsuen Wan found the new centre more accessible. Additional recurrent resource was also allocated by SWD to increase the day care places for persons with severe disabilities or older people with intellectual disabilities.



• *New look of the District Support Centre*

Caritas Green Living

Caritas Green Living is a new service base of Caritas Second Hand Recycling Shop providing training and placement opportunities for the disadvantaged group in Tsuen Wan with the aim to promoting public awareness on eco-friendly and to transform personal lifestyles into green living.



• *New base located at ground floor of new Caritas Tsuen Wan Social Centre*



• *New site was opened to the public*

Jockey Club Mental Wellness Project for Women

This three-year Project, as funded by the Hong Kong Jockey Club Charities Trust, commenced service in March 2018. The Project constructs a comprehensive gender-specific system to enhance early detection of grassroots women with low incomes who are at risk of mental disorders and to offer preventative intervention. It aims to improve mental health outcomes by developing a preventative intervention model. Components of the project cover screening, intervention, research, evidence based evaluation, training and public awareness promotion.



• *Press conference on mental health survey*

Staff Development and Training

Strengthening of Core Work Competence through Body-Art-Dance Workshop

A series of staff development programmes aimed at enhancing both the work competence and personal development of disabled employees was commenced in 2017. It consisted of three phases in which body movement was used by the trainer to lead the participating disabled employees entering into mutual sharing and self-reflection. Twelve employees participated in this programme and positive feedback was received.

Order of Malta Inaugural Asia Pacific Summer Camp for Disabled Youth

The Summer Camp was organized in Singapore from 8 June 2017 to 11 June 2017 by Order of Malta (Singapore). Three disabled service users and three carers from the Service joined the exciting and challenging activities with 162 participants from other pan pacific countries. All shared the moments of joy and enjoyed lively cultural exchange.



• The participants from the Service



• The participants across different countries enjoyed the interactive games together

44th International Home Care and Rehabilitation Exhibition cum Study Visit

A total of 15 staff members from Social Work Services including 7 staff members of the Service had attended the Exhibition cum Study Visit at Tokyo, Japan from 26 September 2017 to 30 September 2017. Besides attending the exhibition on modernized home care equipments, the study tour to the local Japanese rehabilitation organization also provided an opportunity for the participants to enhance their horizon on rehabilitation service practices.



• Joining the event together with Caritas Macau



• Visit of social enterprise – a farmland run by persons with disabilities

2.6 FAMILY SERVICE

Objectives

The service objectives are to preserve and strengthen the family unit, by empowering individuals and their families as a whole, through different levels of professional intervention, and to improve the quality of family life.

Highlights of the Year / Achievements

Caritas Jockey Club Heartspring Development Centre

Caritas Jockey Club Heartspring Development Centre was a self-financed centre located in the redeveloped Caritas Tsuen Wan Social Centre. It adopted an integrated approach and a family perspective to promote holistic health including physical, mental and spiritual well-being within the family. Caritas Catherine Chan Holistic Revitalization Service was also set up with service delivery on trauma treatment.



• Services in Caritas Jockey Club Heartspring Development Centre nurture body, mind and spirit

Study on "Understanding Love - Correlation of Love and Family to Children's Growth"

The captioned study cum press conference and Fun Day was conducted by the Caritas Student Guidance Service (Primary School). Findings reflected that children's perception of their parental love and support was positively correlated with their self-perceived academic performance, emotional health and sense of hope. The importance of the Catholic values, "love" and "family" were highlighted.



• Ms Prudence Mak, the founder of "Chocolate Rain" shared her "Hong Kong Fairy Tale" with the children in the Fun Day



• The parents and their children were playing happily in the Fun Day

Study on "Effectiveness of Marital Enhancement Services of Caritas Family Service"

A press conference was held on 4 February 2018 advocating the effectiveness of Marriage Enhancement Service of Caritas Family Service. It is the first official announcement of the result of Quantitative Research on "Evaluation of the Effects of Marital Enhancement Services on Marital Satisfaction" and Qualitative Research on "Exploring the Changes of Marital Relationship through Marital Counselling" which was conducted in partnership with CIHE.

Response to MeToo – Support Service on Sexual Abuse Survivors and Sex Offenders

The MeToo movement urged the community to provide a platform for sexual abuse survivors to disclose their experience, get support and arouse public concern. Caritas Project for Adult Survivors of Childhood Trauma proactively prepared a position paper on sexual abuse, aiming to raise the public awareness and to encourage survivors to seek professional assistance before exposing their unhealed wounds to unpredictable reactions. On the other hand, as a community support project for people perpetrated sexual violence, Caritas Specialized Treatment and Prevention Project against Sexual Violence empowered users to join hands and work collaboratively in resisting sexual violence.

Sharing Session for Professionals - "Exploring Men's Inner Space"

Caritas Jockey Club Project Cedar - Social and Emotional Support Service for Men organized a sharing session for the professionals on 22 January 2018. Topics on "Changing Masculinity" and "Mindfulness-Men-Emotion" were shared. The Project also provided sex counselling, emotional and social training for men with focus on application of "Mindfulness" in Service. Service users from different age groups shared their life struggles as Men-in-family.

New Projects

Mobile Application for Marriage Check-up

Caritas Family Service had launched the first "Mobile Application for Marriage Check-up" in Hong Kong, both for iPhone and Android users on 4 February 2018. It aimed at providing user-friendly and trendy ICT platform for self-administrated check up on marital relationship, online registration for marriage enrichment programmes, database of articles, bookmarks, videos and community resources for married couples.



• Put core values of marriage into action

Pioneer Work for Pre-schoolers Character Building In Family

An initiative of Caritas Strength Club was pioneered by Caritas Integrated Family Service Centre - Tsuen Wan to equip parents with the attitude and skills in establishing positive values and characters in their 2 to 3 years old pre-school children. The 24-session parent-child group was structured on the concept of 6 virtues and 24 characters strength from Peterson and Seligman (2004). Effectiveness of the service was evaluated by pre-group and post-group measures and indicated that parents reduced their level of depression, anxiety and stress.



• Parents nurture kid's positive character through parent-child interaction



• Kid served his mother as action of love

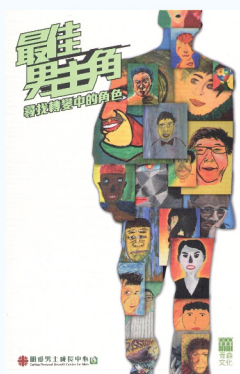
"Weave a Dream" - Life Planning Pilot Project

This project was organized by School Social Work Service for senior secondary school students in joint venture with the Department of Education Studies, Faculty of Social Sciences, Hong Kong Baptist University. Participating students got the opportunity to be engaged in real work settings to build up their career development attitude and skills through authentic experiences.



- Opening ceremony cum sharing by guest speakers of the Weave a Dream – Life Planning Pilot Project

New Publications



- "The Best Actor" – a book documented the changing masculinity in Hong Kong from 41 stories contributed by frontline social workers of Caritas Personal Growth Centre for Men

- "Collective Narrative Practice Against Sexual Abuse" – a book documented the journey of perpetrators of sexual abuse to serve as consultants for the recruited volunteers in planning, organizing and implementing the prevention programme against sexual violence



2.7 COMMUNITY DEVELOPMENT SERVICE

Objectives

The Community Development Service ("The Service") aims at forming genuine human communities through a constant process of awareness, participation and sharing.

Highlights of the Year

Organizing Works for Women

In light of their disadvantaged position in terms of family role and social status, Caritas Women Development Project had assembled low income women in the Eastern District in order to utilize their collective power to make changes. In the month of the International Women's Day, the Eastern Grassroots Women Alliance was established in order to increase grassroots women's ability and courage to change the traditional culture of sexual bias against women in Hong Kong.



- Eastern Grassroots Women Alliance was formed

Surveys on Grassroots Families' Difficulties in Acquiring Affordable Accommodation

Two surveys regarding grassroots families' difficulties in acquiring affordable accommodation had been conducted. The 1st survey revealed that over 40% of respondents tended to have depression and anxiety symptoms because of high rent. The 2nd survey further revealed that the average monthly rent for subdivided flats in Sham Shui Po had increased from \$3,681 in 2016 to \$4,062 in 2017 while the average living area of subdivided flat had fallen from 50 to 45 square feet. The two reports were announced in the press conference and were widely reported by the mass media.



• Press conference on the survey findings

Concerns on the Physical and Mental Health of Low Income Labourers

The Service has continuously organized various programmes in different districts to identify high-risk individuals who are potentially suffering from body strain and / or mental health problems, and to provide them with appropriate services. In the year 2017/2018, Caritas Residents Mutual Help Centre – Kwai Chung has reached 1,500 low income labourers in which over 90% of them have strain problem on at least one part of their body. The results were announced in a press conference and were published in "The Primary Assessment Report of the Work-related Musculoskeletal Disorder of the Low Income Labourers in Hong Kong".



• Stretching exercise to release body pain



• Press conference was announced on 12 February 2018

Building Up an Aged-friendly Community

Caritas Sai Kung Community Development Project has mobilized carers and volunteers in forming a community mutual help group to design a friendly environment for the elderly. Besides, the project was supported by the Wing Wah Charity Foundation to purchase a stair climber for the home-bound elderly to move up and down stairs.



• Use of stair climber in order to maintain the mobility of elderly and relieve the burden of carers

Promotion of Community Building Programmes

Caritas Yuen Long Rural Community Development Project has mobilized their group members to produce various environmental friendly products. To celebrate the Chinese New Year, group members had distributed many handmade blessing bags together with the environmental friendly products to the elderly in the community.



• Handmade products prepared by group members

Exploring the Culture and History of Lung Yeuk Tau

With the support of the Lord Wilson Heritage Trust, Caritas Lung Yeuk Tau Community Development Project has produced a song book and an album to record the songs, the rhymes and the stories of the Lung Yeuk Tau's women who were married under Chinese traditional customs.



• Women at Lung Yeuk Tau shared their stories

2.8 OTHER SOCIAL WORK SERVICE

Caritas Hostel – Hung Hom

The Hostel provides temporary accommodation for male aged 18 or above who are in desperate housing needs or in crisis such as street sleepers, ex-drug addicts and those with debt problem or marital problem to tide-over the critical period before they could secure a stable and long-term living. The capacity of the Hostel is 46. During the year, 124 men were benefited and the occupancy rate was 78%. A total of 30 recreational programmes, 67 educational programmes and 1 mutual help group were organized for the residents.

Caritas Jockey Club Hostel – Choi Wan

The Hostel provides short-term accommodation, food assistance, educational and recreational programmes for needy female individuals and families in crisis who have immediate housing needs. The serving capacity is 36. During the year, the occupancy rate was 95%. Fifty-seven

users, including unwed-mothers, single mothers and their children were served. Twenty-two programmes were organized for the users to develop their potentials and problem solving abilities in the year, which included 4 educational programmes, 12 recreational programmes, 1 parent-child programme and 5 volunteer programmes. The attendance of participants was 354.



• Residents of Caritas Jockey Club Hostel - Choi Wan joined the Caritas Flag Day as volunteers

Caritas Pui Tak Centre

The Centre provides 24 hours residential care service for girls aged 16 to 21 with behavioural, emotional and family problems. The serving capacity is 28. The occupancy rate of the year was 89% and 37 girls were served. Five educational programmes, 9 recreational programmes and 2 volunteer services were organized for the girls with 236 attendance. Thirty-two sessions of clinical psychology treatment were also provided to girls with special needs.



• Girls of Caritas Pui Tak Centre learned how to overcome difficulties through adventure-based activities

Caritas Pelletier Hall

The Hall provides residential care service for adolescent girls aged 10 to 18 who have behavioural and / or emotional problems, and who may be under the influence of undesirable peers and thus require a period of group-living experience away from their families. The serving capacity of the Hall is 96 residential placements divided into 5 living groups. During the year, a total of 99 girls received the service and the average placement occupancy rate was 53%.

Effective September 2017, target service users were extended to include Primary 5 students. A living group for primary students with new service programmes were implemented to cater for the needs of these younger residents. On the other hand, making use of the space of a dormitory, a new Activity Room was specially decorated providing various leisure facilities for the residents.



• New Activity Room at Caritas Pelletier Hall



• Joint programme on life education organized by Caritas Pelletier Hall and Caritas Mother Teresa Hall

Caritas Mother Teresa Hall

The Hall commenced service on 1 September 2017. It provides residential care service for adolescent girls aged 13 to 18 who have behavioural and emotional problem and / or who may be under the influence of undesirable peer or having relationship problems with their families, and hence require a period of group-living training away from their families. The service capacity of the Hall is 84 for the first year of operation and divided into 4 living groups. As at 31 March 2018, a total of 31 girls received the service and the average occupancy rate was 31%.

Interest groups, volunteer programmes and leisure activities were provided for the girls to develop their potentials. Workshops and developmental groups with the training of mindfulness and expressive arts were tailor-made for the girls to enhance their mental health.



• Caritas Mother Teresa Hall



• The first Christmas Party at Caritas Mother Teresa Hall